

## SCREAMIN' FOR SCREENINGS

Ask your parents, grandparents, or loved ones these 5 questions and help them take charge of their health!

## **CHECK-UP CHECKLIST**

- When was your last cancer screening?
- How often do you get screened?
- Does cancer run in our family?
- What steps are you taking to prevent cancer?
- Who in our family has had cancer?

You always take care of me – don't forget to take care of yourself and **get screened!** 

Scan this with your phone to find out what screenings you might need or visit **AmericanCancerFund.org** for more resources about how screenings save lives!

